ComfortGel, ComfortFusion, and ComfortSelect mask patient and clinician fitting guide

Removing the ComfortFusion and ComfortSelect retaining ring and cushion
To remove the ComfortFusion or ComfortSelect retaining ring that holds the cushion in place on the forehead:
1. Lift up the tab on each side of the ring.
2. Remove the ring and cushion.
3. Separate the cushion from the ring.

Removing the ComfortGel cushion
To remove the ComfortGel cushion:
1. Loosen the straps on the headgear by adjusting the Velcro tabs.
2. Position the flap with the integrated ring on the cushion with the notch for the nose at the top closest to the forehead pad.
3. Slide the flap and integrated ring downward over the cushion and press firmly until the three sides click into place.
4. Gently tug on the cushion and the ring to make sure all of the parts are securely in place.

Installing the cushion
Place the cushion into the faceplate, making sure the notch for the nose is at the top (closest to the forehead pad).

Making initial adjustments
Gently squeeze the sides of the StabilitySelector and slide the arm upward to set the forehead support arm to its highest position.
Place the sizing gauge over the nose. A sizing gauge is available as both a separate plastic piece and on the mask package.
Choose the smallest size that is wide enough to extend beyond the nostrils but does not obstruct normal nasal breathing.

Disconnect one side of the headgear by releasing one ball-and-socket Quick Clip from the faceplate socket.
Attach the Quick Clip to the disconnected side. For easy attachment of the Quick Clip, use the index finger as a guide to find the position of the socket and press the clip into the socket.

Removing the ComfortGel cushion
1. Place the cushion into the faceplate, making sure the notch for the nose is at the top (closest to the forehead pad).
2. Position the flap with the integrated ring on the cushion with the notch for the nose at the top closest to the forehead pad and with the size indicator at the bottom.
3. Slide the flap and integrated ring downward over the cushion and press firmly until all three sides click into place.
4. Gently tug on the cushion and the ring to make sure all of the parts are securely in place.

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Installing the cushion
Place the cushion on the face. A sizing gauge is available as both a separate plastic piece and on the mask package.
Choose the smallest size that is wide enough to extend beyond the nostrils but does not obstruct normal nasal breathing.

Preparing the mask for fitting

Making initial adjustments
Place the mask cushion against the face.
Pull the headgear over the head.

Attaching the ComfortGel cushion
1. Place the cushion into the faceplate, making sure the notch for the nose is at the top (closest to the forehead pad).
2. Position the flap with the integrated ring on the cushion with the notch for the nose at the top closest to the forehead pad and with the size indicator at the bottom.
3. Slide the flap and integrated ring downward over the cushion and press firmly until all three sides click into place.
4. Gently tug on the cushion and the ring to make sure all of the parts are securely in place.

Removing the ComfortGel cushion
To remove the ComfortGel cushion with the integrated ring and cushion, lift up under the base on each side of the ring to remove the flap. Remove the cushion.

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CAUTION: US federal law restricts these devices to sale by or on the order of a physician.
Adjusting both of the upper headgear straps by using the tabs. Be sure that they are tightened evenly and the forehead pad is lightly touching the forehead.

Adjusting for leaks

1. Re-seat the mask. Pull the mask directly away from the face and gently set it back into place. This allows the cushion to create a new seal on the face.

2. Adjust the forehead support arm/StabilitySelector to correct leaks. This is an important step in the fitting process.

3. Tighten the headgear. If leaks are still present, apply pressure with the fingers directly on the mask in the location of the leak. If this eliminates the leak, tighten the headgear strap closest to the leak to accommodate the seal. Do not over-tighten the headgear.

Note: Excessive tightening of the headgear may cause discomfort and leaks. Remember, not all leaks need to be corrected.

Repack the mask

To remove the mask, disconnect one or both ball-and-socket Quick Clips. Grasp the bottom of the headgear on the back of the head and pull the mask gently up and over the head.

Use the Quick Clip to remove the mask and maintain mask and headgear adjustments from day-to-day.

Fitting tip

If the headgear is too long from the top of the head to the top of the mask, roll the bottom headgear strap over or under to create a better fit. The Quick Clip will rotate to accommodate the new length.

Attaching the ComfortFusion and ComfortSelect cushion:

All three pieces—faceplate, cushion, and retaining ring—have black alignment marks to make aligning and attaching the cushion simple.

1. Place the cushion on the outside of the faceplate, aligning the black alignment marks and fitting the cutouts on the cushion over the notches on the faceplate.

2. Position the retaining ring on the cushion with the tabs facing downward using the black alignment marks.

3. Slide the retaining ring with tabs facing downward around the cushion and press firmly until all three sides click into place.

4. Gently tug on the cushion and the ring to make sure all of the parts are securely in place.
Adjust both of the upper headgear straps by using the tabs. Be sure that they are tightened evenly and the forehead pad is lightly touching the forehead.

Adjusting for leaks

Making final adjustments

Connect the tubing to the swivel elbow and turn on the air.

Identifying leaks

Raise the pressure to the prescribed level and turn the head from side to side while lying on the bed. Identify areas of leak that may prevent the ability to sleep.

In the event of leaks, follow these recommended methods to attain a better seal:

1. Re-seat the mask. Pull the mask directly away from the face and gently set it back into place. This allows the cushion to create a new seal on the face.

2. Adjust the forehead support arm StabilitySelector to correct leaks. This is an important step in the fitting process.

3. Tighten the headgear straps if leaks are still present; apply pressure with the fingers directly on the mask or the location of the leak. If this does not help, tighten the headgear straps closer to the back of the head. Do not overtighten the headgear.

Note: Excessive tightening of the headgear may cause unnecessary discomfort and leaks. Remember, not all leaks need to be corrected.

2. Adjust the forehead support arm StabilitySelector to correct leaks.

Problem: Leaks below the nose or near the lip.
Solution: Adjust the forehead support arm StabilitySelector to a higher position by gently squeezing the arms of the StabilitySelector and sliding it upward to a higher position. This will bring the bottom of the cushion closer to the face. If necessary, re-seat the mask again.

2. Adjust the forehead support arm StabilitySelector to correct leaks. This is an important step in the fitting process.

Problem: Leaks below the nose or near the lip.
Solution: Adjust the forehead support arm StabilitySelector to a lower position by gently squeezing the arms of the StabilitySelector and sliding it downward to a lower position. This will bring the top of the cushion closer to the face. If necessary, re-seat the mask again.

3. Tighten the headgear straps if leaks are still present; apply pressure with the fingers directly on the mask or the location of the leak. If this does not help, tighten the headgear straps closer to the back of the head. Do not overtighten the headgear.

Note: Excessive tightening of the headgear may cause unnecessary discomfort and leaks. Remember, not all leaks need to be corrected.

4. Gently tug on the cushion and the ring to make sure all of the parts are securely in place.

Removing the mask

To remove the mask, disconnect one or both ball-and-socket Quick Clips. Grip the bottom of this headgear on the back of the head and pull the mask gently up and over the head.

Use the Quick Clip to remove the mask and mask and headgear adjustments from day-to-day.

Attaching the ComfortFusion and ComfortSelect cushion:

All three pieces—faceplate, cushion, and retaining ring—have black alignment marks to make aligning and attaching the cushion simple.

1. Place the cushion on the outside of the faceplate, aligning the black alignment marks and fitting the cutouts on the cushion over the notches on the faceplate.
2. Position the retaining ring on the cushion with the tabs facing downward using the black alignment marks.
3. Slide the retaining ring with tabs facing downward around the cushion and press firmly until all three sides click into place.
4. Gently tug on the cushion and the ring to make sure all of the parts are securely in place.

Making initial adjustments (continued):

If necessary, adjust the bottom headgear strap so that the mask is snug but comfortable against the face. Do not overtighten the headgear.

Be sure that the headgear straps are parallel and the headgear is fully extended and across the back of the head.

If necessary, adjust the bottom headgear strap so that the mask is snug but comfortable against the face. Do not overtighten the headgear.

Note: Excessive tightening of the headgear may cause unnecessary discomfort and leaks. Remember, not all leaks need to be corrected.

Problem: Leaks around the bridge of the nose or into the eyes.
Solution: Adjust the forehead support arm StabilitySelector to a lower position by gently squeezing the arms of the StabilitySelector and sliding it downward to a lower position. This will bring the top of the cushion closer to the face. If necessary, re-seat the mask again.

Fitting tip

If the headgear is too long from the top of the head to the top of the neck, roll the bottom headgear strap over or under to create a better fit. The Quick Clip will rotate to accommodate the new length.
Adjusting both of the upper headgear straps by using the tabs. Be sure that they are tightened evenly and the forehead pad is lightly touching the forehead.

Adjusting for leaks

In the event of leaks, follow these recommended methods to obtain a better seal.

1. Re-seat the mask. Pull the mask directly away from the face and gently set it back into place. This allows the cushion to create a new seal on the face.

2. Adjust the forehead support arm StabilitySelector to correct leaks. This is an important step in the fitting process.

Identifying leaks

Raise the pressure to the prescribed level and turn the head from side to side while lying on the bed. Identify areas of leak that may prevent the ability to sleep.

In the event of leaks, follow these recommended methods to obtain a better seal:

1. Re-seat the mask. Pull the mask directly away from the face and gently set it back into place. This allows the cushion to create a new seal on the face.

2. Adjust the forehead support arm StabilitySelector to correct leaks. This is an important step in the fitting process.

3. Tighten the headgear. If leaks are still present, apply pressure with the fingers directly to the mask at the location of the leak. If this eliminates the leak, tighten the headgear strap closest to the leak to accommodate the seal. Do not overtighten the headgear.

Note: Excessive tightening of the headgear may cause unnecessary discomfort and leaks. Remember, not all leaks need to be corrected.

Attaching the ComfortFusion and ComfortSelect cushion:

All three pieces—faceplate, cushion, and retaining ring—have black alignment marks to make aligning and attaching the cushion simple.

1. Place the cushion on the outside of the faceplate, aligning the black alignment marks and fitting the cutouts on the cushion over the notches on the faceplate.

2. Position the retaining ring on the cushion with the tabs facing downward using the black alignment marks.

3. Slide the retaining ring with tabs facing downward around the cushion and press firmly until all three sides click into place.

4. Gently tug on the cushion and the ring to make sure all of the parts are securely in place.

Removing the mask

To remove the mask, disconnect one or both ball-and-socket Quick Clips. Grasp the bottom of the headgear on the back of the head and pull the mask gently up and over the head.

Use the Quick Clip to remove the mask and maintain mask and headgear adjustments from day-to-day.

Fitting tip

If the headgear is too long from the top of the head to the top of the neck, roll the bottom headgear strap over or under to create a better fit. The Quick Clip will rotate to accommodate the new length.
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To remove the ComfortFusion or ComfortSelect retaining ring that holds the cushion in place on the forehead:
1. Lift up under the tab on each side of the ring.
2. Remove the ring and cushion.
3. Separate the cushion from the ring.

To remove the ComfortGel retaining ring and cushion:
1. Lift up under the tab on each side of the ring.
2. Remove the ring and cushion.
3. Separate the cushion from the ring.

Changing the cushion:
1. Place the cushion into the faceplate, making sure the notch for the nose is at the top (closest to the forehead pad).
2. Position the flap with the integrated ring on the cushion with the notch for the nose at the top (closest to the forehead pad) and with the size indicator at the bottom.
3. Slide the flap and integrated ring downward over the cushion and press firmly until all three sides click into place.
4. Gently tug on the cushion and the ring to make sure all of the parts are securely in place.

Preparing the mask for fitting:
- Loosen the straps on the headgear by adjusting the Velcro tabs.
- Place the sizing gauge over the nose. A sizing gauge is available as both a separate plastic piece and on the mask package.
- Choose the smallest size that is wide enough to extend beyond the nostrils but does not obstruct normal nasal breathing.

Disconnect one side of the headgear by releasing one ball-and-socket Quick Clip from the faceplate socket.
Attach the Quick Clip on the disconnected side. For easy attachment of the Quick Clip, use the index finger as a guide to find the position of the socket and press the clip into the socket.

Using the cushion:
- Place the cushion against the face.
- Pull the headgear over the head.

Place the mask cushion against the face. Pull the headgear over the head.

Making initial adjustments:
- Make initial adjustments while sitting.
- Place the mask cushion against the face.
- Pull the headgear over the head.

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ComfortGel, ComfortFusion, and ComfortSelect mask patient and clinician fitting guide

To remove the ComfortFusion or ComfortSelect retaining ring that holds the cushion in place on the forehead:
1. Lift up under the tab on each side of the ring.
2. Remove the ring and cushion.
3. Separate the cushion from the ring.

Preparing the mask for fitting

Making initial adjustments

1. Place the cushion into the faceplate, making sure the notch for the nose is at the top (closest to the forehead pad).
2. Position the flap with the integrated ring on the cushion with the notch for the nose at the top (closest to the forehead pad) and with the size indicator at the bottom.
3. Slide the flap and integrated ring downward over the cushion and press firmly until all three sides click into place.
4. Gently tug on the cushion and the ring to make sure all of the parts are securely in place.

Removing the ComfortGel cushion

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Removing the ComfortGel cushion

To remove the ComfortGel or ComfortFusion retaining ring that holds the cushion in place on the forehead:
1. Lift up under the tab on each side of the ring.
2. Remove the ring and cushion.
3. Separate the cushion from the ring.

Removing the ComfortFusion and ComfortSelect retaining ring and cushion

Using the cushion:

Preparing the mask for fitting

Loosen the straps on the headgear by adjusting the Velcro tabs.

Attaching the ComfortGel cushion

Connect one side of the headgear by releasing one ball-and-socket Quick Clip from the faceplate socket.

Attach the Quick Clip on the disconnected side. For easy attachment use the index finger as a guide to find the position of the socket and press the clip into the socket.

Remove the existing cushion:

Roll the headgear over the head.

Make initial adjustments while sitting.

Pull the headgear over the head.

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Loosen the straps on the headgear by adjusting the Velcro tabs.

Gently squeeze the sides of the StabilitySelector and slide the arm upward to set the forehead support arm to its highest position.

Remove the existing cushion:

1. Place the cushion into the faceplate, making sure the notch for the nose is at the top (closest to the forehead pad).
2. Position the flap with the integrated ring on the cushion with the notch for the nose at the top (closest to the forehead pad) and with the size indicator at the bottom.
3. Slide the flap and integrated ring downward over the cushion and press firmly until all three sides click into place.
4. Gently tug on the cushion and the ring to make sure all of the parts are securely in place.