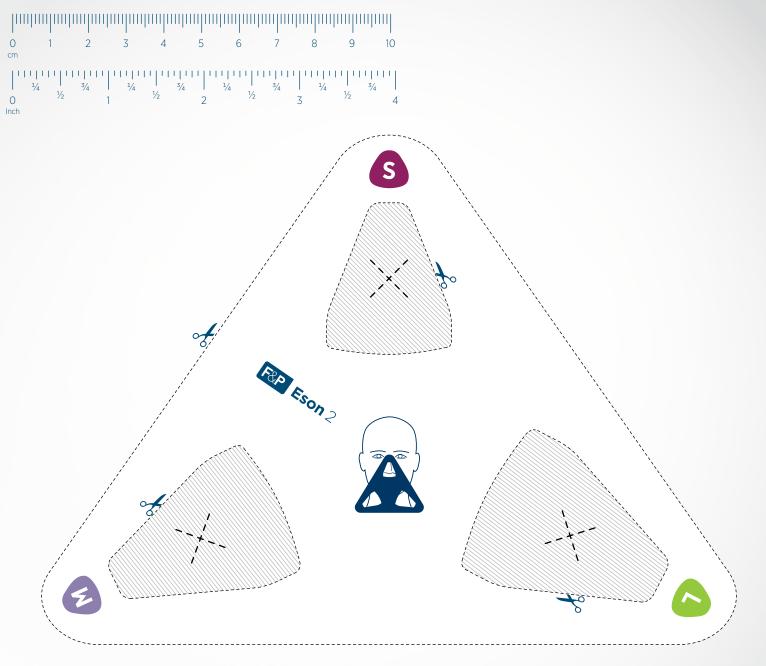


Sizing guide instructions:

- 1. Print this sizing guide onto US Letter-sized paper.
- 2. Place your ruler next to a ruler printed below to ensure they measure the same. If they don't, please contact your healthcare provider.
- 3. With your scissors, carefully cut along the dotted lines on the sizing guide.
- 4. Follow the directions on the sizing guide to determine the recommended seal size.

Tip

Use a mirror or someone at home to assist you with sizing.





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