Finding The Right Fit

Proper mask fit is critical to ensuring that the ComfortGel will meet the patient's needs. Below are some guidelines to follow when fitting a patient with a ComfortGel mask:

**Landmarks**

a.) Sides of nostrils  
b.) Bridge of nose zone  
c.) Below the nose tip, above the lip

**Directions**

1. Begin with sizing gauge. The integrated sizing gauge on the package:
   - Allows for quick and easy fitting.  
   - Cuts down on mask waste by letting you determine the right mask size before you open the bag.

2. Check landmarks.

3. Choose the smallest mask that fits without pinching or obstructing the nostrils.
**Note:** For proper mask sizing print out this page at 100%. Do NOT select the 'Shrink oversized pages to paper size' option. The box below should measure 1 inch square.

[1 inch square diagram]

**ComfortGel™ Nasal Mask Sizing Gauge**

www.comfortseries.respironics.com
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